



Embassy of India

# THE CULTURAL NEWSLETTER



**December 2018**



Indian Council for Cultural Relations  
भारतीय सांस्कृतिक सम्बंध परिषद्

## **THE GANDHI CENTRE THE HAGUE**

**Parkstraat 99 (First floor), 2514 JH, DEN HAAG**

The Gandhi Centre was set up on 2nd October, 2011 with primary objective of establishing, reviving and strengthening the cultural relations between India and Netherlands. The ICCR has set up such 35 Indian cultural centres in different parts of the world.

The objective of the Gandhi Centre is to promote awareness of India's composite cultural heritage in The Netherlands. The activities of the cultural centre includes showcasing various art forms of India such as dance, drama, music, films and free classes for the public and organising lectures, talks, panel discussions and seminars on subjects related to India. The Gandhi cultural centre functions under the Embassy of India and is established by the ICCR.

# Programme Schedule

You are cordially invited  
for the following:



Talk “The Role of Ayurveda in day to day life”  
By  
Shri. Rajiv Kaushik

Shri. Rajiv Kaushik, an Ayurvedic Consultant was born in family of Ayurveda doctors. He has learned Ayurveda since childhood from his Grandfather Dr. S. B Lal Kaushik and father Dr. B.S Kaushik. He aims to help teach people the Ayurvedic principles and to spread awareness by means of lectures on how to prevent illness and promote healthy living. He has also written many articles on blood pressure, diabetes, Arthritis and facial beauty.

Date : Saturday, 1<sup>st</sup> December 2018

Time : 17 00 – 18 00 hrs

Venue: Auditorium





## Learn to Run, Run and Stay Healthy By Runkeeters

An inspiring awareness session by RUNKEETERS, is a group with a vision to inspire everyone to remain healthy by running. The group was formed in 2017 and the members have participated and completed several runs in The Netherlands.

Mr.Craig Horton, the Guest Speaker has completed 230 kms in the Sahara Desert in very extreme and demanding conditions after recovering from a Heart attack. His book “Die another Day” is his journey about his transformation from runner to death for 90 seconds followed by heart attack and completion of marathon in Sahara.

A session full of life, energy, motivation and smiles. Do be a part of it!

Date : Saturday, 08<sup>th</sup> December 2018

Time : 17 00 – 18 00 hrs

Venue: Auditorium

# Netherlands Margazhi Utsavam 2018

15<sup>th</sup> – 23<sup>rd</sup> December, Gandhi Center, Parkstraat 99, 2514 JH, Den Haag

Date	Time	Artiste	Performance
15/12/18	15:30 - 16:30	Chrada Sheoratan	Bharatnatyam
	16:30 - 17:00	MCM - Sanjana Ganesh + Avantika Pramodh	Violin + Keyboard
	17:30 - 18:45	Sapna Ganesh	Vocal
16/12/18	15:30 - 16:30	Archana Jayaraman	Bharatnatyam
	16:30 - 17:00	MCM - Sangeeta Jayaram + Ram Kumar	Vocal
	17:30 - 18:45	Vasudevan Lakshminarayanan	Vocal
22/12/18	15:30 - 16:30	Shyama Warriar	Bharatnatyam
	16:30 - 17:15	MCM - Usha Ramesh + Aarthi & Tanishka Majukar + Shruti Shriram	Vocal
	17:30 - 18:45	Sreelakshmi Parankusam	Vocal
23/12/18	15:30 - 16:30	Vaijeyanthi Panchapagesan	Bharatnatyam
	16:30 - 17:00	MCM - Swarna Narayanan + Jaya Lakshmi	Vocal
	17:30 - 18:45	Harikrishnan Kesavan	Vocal

## The Netherlands Carnatic Music Festival by Madras Chorus

Madras Chorus in Association with The Gandhi Centre, Embassy of India, will be organizing the first ever “The Netherlands Carnatic Music Festival” this December. The programme schedule is tabulated above.

Margazhi, the 9th month of the Tamil Calendar, occurs between mid-December and mid-January. The name of the month is derived from the Sanskrit word *Margasirsi*. The Margazhi Utsavam, is a defining feature of Chennai's cultural landscape that provides a holistic experience of traditional food, clothing and the arts.

The festival is a celebration of carnatic music and classical dance. Come and enjoy!

Date : 15<sup>th</sup>, 16<sup>th</sup>, 22<sup>nd</sup> & 23<sup>rd</sup> December 2018

Time : 15 30 – 18 45 hrs

Venue: Auditorium





## Christmas Celebrations

The Gandhi Centre invites you all to attend the Christmas celebrations. Christmas is a festival of Carol singing, exchanging gifts, fun and frolic. Come one, come all, ENJOY!

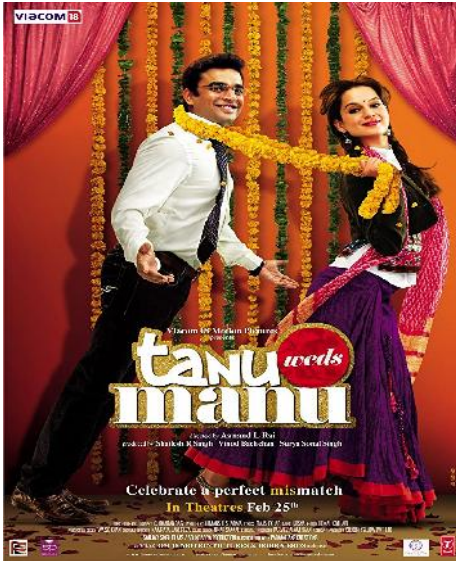
Date : Saturday, 22<sup>nd</sup> December 2018

Time : 10 00 – 12 00 hrs

Venue: Auditorium

# Film Club

## Film: Tanu Weds Manu



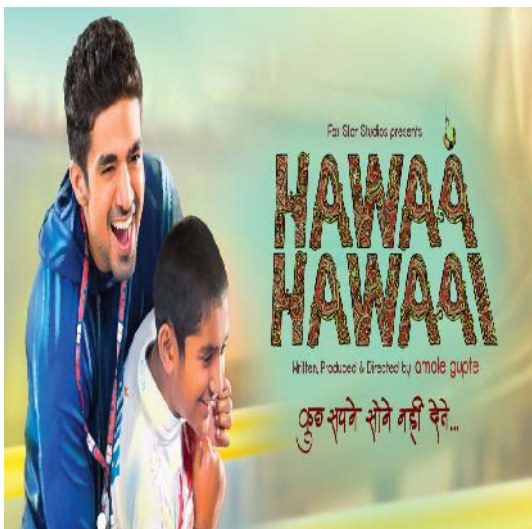
*Tanu weds Manu is a drama and Romantic comedy film released in 2011 and directed by Aanand L Rai.*

Manoj 'Manu' Sharma an NRI doctor in London comes to India to find a bride for himself. He goes with his family to the city of Kanpur to meet Tanuja 'Tanu' Trivedi, a perspective bride, and falls for her hook, line and sinker. However Tanu, a free spirited, giveshim a rude awakening when she tells him that she already has a boyfriend whom she plans to marry even against her parent's wishes. The film is a lighthearted and fun depiction of life, rituals and relationships in middle class India.

Date	:	Friday, 7 <sup>th</sup> December 2018
Time	:	14 30 hrs
Duration	:	120 Minutes

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## Film: Hawaa Hawaai



Arjun is a poor boy who takes a job at a tea stall after his father dies and he moves to Mumbai with his mother and sister. Here he discovers the world of inline skating and aspires to be a champion skater. Unable to afford a pair of rollerblades, his four friends make out of waste and encourage him. His life changes dramatically when coach Aniket (Lucky Sir), impressed with his passion, decides to coach him. This heartwarming and inspiring movie is directed by Amol Gupte whose earlier claim to fame in his screenplay of Tare Zameen Par and Stanley ka Dabba. Hawaa Hawaai won the Best film Award in junior film category at the 19 Schlingel International Film festival in Chemnitz, Germany.

Date	:	Friday, 28 <sup>th</sup> December 2018
Time	:	14 30 hrs
Duration	:	120 Minutes



An overview of events held in  
November 2018

## Vocal Musical Concert

03<sup>rd</sup> November 2018



A Vocal Musical Concert was organized by The Gandhi centre.

Shri. Subhankar Chatterjee, a classical Hindustani Vocalist and Shri. Sandip Banerjee on Tabla performed on the occasion. The concert was enjoyed and well appreciated by everyone.

Prof. Nirmala Sharma, Director (TGC) felicitated them.



## Kathak Workshop

16<sup>th</sup> November 2018



A workshop on Indian classical Dance Kathak was conducted at The Gandhi Centre by Ms Sirisha Irudayaraj from Noopur performing arts centre.

The audience participated and were happy to learn the basics of Kathak dance.





## Kathak Performance

17<sup>th</sup> November 2018



The Gandhi Centre organized a North Indian classical dance performance by internationally acclaimed dancers Hari and Chetana from Noopur performing arts centre, Bengaluru.

It was the perfect synchronization of the Kathak duo with right timing, striking footwork and colorful costumes. They kept the audience mesmerized.

Their presentation of 'Madhur Madhav,' a Swati Tirunal composition in Brindavani sarangi, which beautifully shows the various shades of Radha's love for Krishna, was the highlight of their performance"

Prof. Dr. Nirmala Sharma, Director, The Gandhi Centre felicitated them.

## Workshop on "Resolving Conflicts in Relationships Using Nonviolence" (A Gandhian Perspective)

24<sup>th</sup> November 2018



The Gandhi centre invited Prof. Suman Khanna, a Gandhian Scholar to conduct a workshop on Resolving conflicts in relationships using nonviolence.

Prof. Suman also spoke on Satyagraha and need of nonviolence in today's world.





# Guru Nanak Jayanti Celebrations

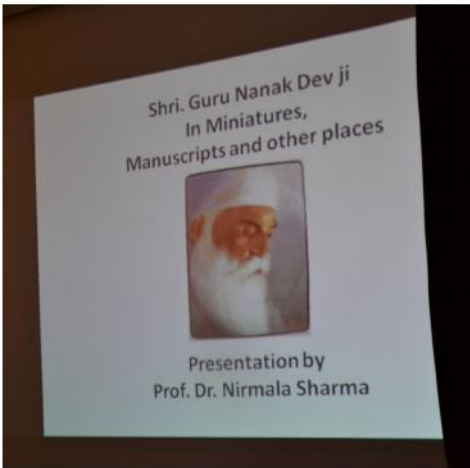
26<sup>th</sup> November 2018



The Gandhi centre celebrated Guru Nanak Jayanti, The birth anniversary of Guru Nanak Dev Ji.

Eminent Lawyer Shri. Jasbir Singh was invited as guest speaker. Prof. Dr. Nirmala Sharma, Director, The Gandhi Centre made a presentation on Shri. Guru Nanak Dev Ji in Miniatures, Manuscripts and other places.

Shri. Pranay Sinha, Head of Chancery spoke on the teachings of Guru Nanak Dev ji.



# Regular Classes

The Gandhi Centre organizes regular classes in:

- ) Yoga
- ) Hindi Language
- ) Tabla (Indian percussion instrument)

These classes are open to each and everyone at no cost. The classes are designed to cater to all age groups as well as from beginners to advanced.

## **Yoga Classes**

Yoga is a science and art of healthy living with origins in ancient India. It is a stress management therapy and its practice increases immunity and contributes to overall physical and mental being.

The Yoga Teacher, Mr. Amit Khanna is a Yoga Therapist with 9 years of experience in Yoga. He is also a Physiotherapist. He deals with various medical conditions and life style disorders and suggests exercises to deal with them.



Yoga Class at The Gandhi Centre

## **Hindi Language Classes**

Hindi is the national language of India with origins in the ancient Indian language Sanskrit. It is widely used in both India and Suriname.

Dr. Kanta Rani is an enthusiastic teacher in Hindi language. She has a Masters in Hindi, PhD in education and over 25 years of teaching experience. She has spent several years in teaching Hindi to non-Hindi speakers. She has also taught in ICC Suriname and her publications include three textbooks and one Hindi conversation book.



Hindi Students writing Level 3 exam at The Gandhi Centre



## Tabla Classes

Internationally acclaimed tabla teacher Mr. Heiko Dijker of Dutch origin has been trained under Ustad Faiyaz Khan, the famous Tabla player of India. Along with his public performances, he also teaches in Universities. He teaches Tabla at the Gandhi Centre. The students love him because of his personal attention to every student.



Tabla Class at the Gandhi Centre

**For more details of the classes, kindly visit:**  
**<http://indianembassy.nl/eoi.php?id=Gandhi>**

Library



The Gandhi Centre library has a rich collection of books on Foreign affairs, Politics, Philosophy, History, Religion, Art, Culture, Dance, Monuments, Autobiographies, Personalities, Yoga, Hindi, Fiction and others. There is a reading room and book issue facilities.

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